



AWAKEN YOUR OWN HEALING POWER THROUGH SELF LOVE WORKSHOP

**NURTURE YOURSELF WITH A HOLISTIC, MINDFUL APPROACH TO HEALING.
OPENING YOUR HEART AND AWARENESS TO THE POWER ALREADY WITHIN YOU!**

OFFERINGS: JOURNAL /PEN AND NUTRITIOUS SNACKS

PLEASE PAY VICKI DIRECTLY USING CASH, PAYPAL OR VENMO.

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VICKI PATTERSON

ACCREDITED IN MASSAGE THERAPY,
NUTRITION, FITNESS TRAINING, LIFE
COACH AND 200 RYT.

FUELED WITH PASSION TO HELP
YOU CREATE BALANCE ON YOUR
JOURNEY TO SELF LOVE, SELF CARE
AND SELF DISCOVERY!

